

3 Ways to Get Your Husband to Volunteer to Do More Housework with a Smile

#1: Express your Desire in a Way that inspires

I made an amazing, life-changing discovery about men: They all want to make their wives happy.

If you're thinking, "Not my husband", consider this: I've asked thousands of men how important it is to make their wives happy and they ALL say the same thing: It's everything! If you experiment with these suggestions today, you'll find out if he's an exception or if he wants to make you ridiculously happy too.

Every complaint is a lazy desire. Your husband can't hear you when you say, "This place is a mess!" You might as well have said, "Blah blah blah." He's not going to jump off the couch and start dusting. But if you say, "I would love to have a clean kitchen," now he knows how to make you happy. I said that to my husband over 10 years ago, and he's been doing the dishes ever since.

#2: "Catch" your husband doing something good.

If he ever takes his plate to the sink or starts a load of laundry or does anything else that you want him to do more of, that's when you want to go crazy about it and say, "Wow, thank you so much for taking your plate to the sink. That makes me so happy." Remember, he just wants to make you happy so if he thinks he succeeded he's going to remember that.

One woman "caught" her husband vacuuming the downstairs and just went over the top with thanking him and telling him how happy it made her, and the guy then vacuumed the stairs and went upstairs and did the whole house. He felt like her hero!

#3: Let him do things his way

If you criticize him for dressing the kids in stripes and plaids, or for using Windex to get the cheese wiz off the couch, it's game over. You're teaching him not to help. So even if the dishwasher is not loaded the way you would do it, you're going to find something nice to say about his work because it's less work for you.

Express 3 "gratitudes" for what he does every day. Isabella didn't want to do this because she felt that she did everything and he did nothing. But she agreed to experiment and on the second day, as they were sitting down to dinner, her husband said, "You've really taught me that we need to appreciate each other more, so I'd like to thank you for making dinner tonight."

Audience Take-away:

The audience can use these three specific techniques to get more help from their husbands, and also create more intimacy, passion and playfulness too.

This will help women stop feeling overwhelmed and resentful that they have to do everything and their husband doesn't does enough to help, and help her feel happier in her relationship.