

Top Three Reasons Marriage Counseling Ruins Your Marriage

According to a study at UCLA by the professors of psychology, 75% of couples who get traditional behavioral marriage counseling are separated within a year!

Here are the three top ways that marriage counseling wrecks your marriage:

1. **The Rodney Dangerfield Dilemma:** Telling a stranger everything that's wrong with your husband right in front of him will make him feel like he "gets no respect!" and respect is like oxygen for husbands.
2. **The Kanye West Condition:** Telling your husband he needs to go to marriage counseling is controlling--you're saying he needs to change, which is a criticism, and that never makes things better.
3. **The Dr. Phil Phenomena:** No couple ever got happier by complaining about each other for an hour a week, yet that's what happens too often at marriage counseling, which only makes you feel more hopeless that you're just too far apart.



International Relationship Expert and *New York Times* Bestselling Author Laura Doyle has helped over 150,000 women in 16 languages and 27 countries make their broken relationships playful and passionate again. Like Marny in Texas whose husband went from ignoring her to bringing an umbrella to the gym to make sure she wouldn't get wet, like she was "made of sugar." And Vanessa in Oklahoma, whose husband held her hand when they went to the court house to cancel their divorce and told her, "you have my love and my heart."

In her new book, *First, Kill All the Marriage Counselors: Modern Day Secrets for Being Desired, Cherished and Adored for Life* (June 2015, BenBella), Laura dispenses controversial advice such as:

- Husbands don't want their wives' opinions
- Verbal abuse is a myth
- Dishonesty is the best policy
- Husbands are better with money than wives are
- Women are not smaller, less-hairy men
- Communication is overrated
- You can get a man to do more by doing less
- Why wives cause more divorce than husbands do (and what to do instead)

Cancel your divorce and tune into this lively, unorthodox media personality, who has appeared on *The Today Show*, *Good Morning America*, *The View*, *Dateline* and *The O'Reilly Factor*.