

FOR PRODUCERS &amp; JOURNALISTS

# Interview Angles & Talking Points

*These are starting points, not a fixed list. Laura speaks fluently across marriage and relationships from the woman's perspective, and is happy to shape any angle to your audience, format, and news peg.*

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## The roommate marriage

"We're still together, but we're not close." Why so many marriages quietly flatten into logistics — and what actually rekindles one.

## The exhausted wife

Why doing more — managing, reminding, fixing — makes a marriage worse, not better, and what over-functioning wives can do instead.

## Why marriage counseling so often fails women

Why "communicate more" backfires — and the skills-based alternative that saved the author's own marriage.

## Fixing a marriage single-handedly

What a wife can do when her husband is distant, checked out, or refuses therapy — no participation from him required.

## Feeling desired again

The counterintuitive skills that restore attraction, affection, and playfulness in long marriages.

## What men actually want (and what women do)

How men and women approach relationships differently — and how this understanding can change everything.

### Dating and single life

What single women get wrong about attracting the right man — lessons from *The Surrendered Single*.

### Marriage with young children

Why the baby years flatten desire — and how couples stay lovers while raising kids.

### High-achieving women in love

Why the skills that build a career can quietly sabotage a marriage — and what strong women do differently at home.

### The rise of relationship coaching

Why women are choosing coaches over therapists — inside the industry Laura helped create, having trained 600+ coaches worldwide.

### 25 years of controversy

*The Surrendered Wife* at 25: the book that outraged critics in 2001 and quietly built a worldwide movement. What the debate got wrong — and what it got right.

#### NATURAL CALENDAR PEGS

Valentine's Day

Wedding season

January ("Divorce Month")

Anniversary editions & new releases



#### ABOUT LAURA DOYLE

Laura Doyle is a *New York Times* bestselling author and relationship expert published in 19 languages across 30 countries. She hosts *The Empowered Wife* Podcast and stars in *Empowered Wives* on Amazon Prime.

*Based in Southern California and available for studio and remote interviews.*